

Mushtary Nassar Abdul

Colombo, Sri Lanka

Professional Summary

Dedicated and experienced **nurse, pharmacist assistant, and massage therapist** with over **10 years of diverse healthcare experience** in **nursing, pharmaceutical services, and therapeutic massage**. Skilled in **in-patient care, medication management, kinesiology taping, and cupping therapy**. Strong background in administrative work, having served as a **secretary at the Embassy of the Islamic Republic of Iran**. Passionate about holistic healthcare and patient well-being.

Key skills

- Nursing & Patient Care
 - Medication Management & Dispensing
 - Kinesiology Taping & Cupping Therapy
 - Sports Massage Therapy
 - Administrative & Secretarial Work
 - Strong Communication & Organizational Skills
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Work experience

Senior Nurse

Kalees Nursing Home, Sri Lanka | 5 years

- Provided **high-quality nursing care** to patients, ensuring comfort and well-being.
- Assisted in **wound dressing, patient monitoring, and emergency care**.
- Worked closely with doctors and medical teams to implement effective treatment plans.

Secretary to the Cultural Counsellor

Embassy of the Islamic Republic of Iran, Sri Lanka | 10 years

- Managed **official documentation, scheduling, and correspondence** for the Cultural Counsellor.

- Coordinated diplomatic and cultural events, ensuring seamless execution.
- Developed excellent **organizational and interpersonal skills** through high-level administrative responsibilities.

Assistant Pharmacist

Premier Medical Centre, Harcourts Pharmacy, Medico Pharmacy, Vasana Hospital | 5 years

- Assisted in **dispensing medications** and ensuring proper dosages and prescriptions.
- Provided patient education on **medication usage, side effects, and safety precautions**.
- Maintained **inventory management and stock control** in the pharmacy.

Private Massage Therapist (Part-Time)

Self-Employed | 6 months

- Specialized in **sports massage therapy, kinesiology taping, and cupping therapy**.
 - Developed strong client relationships through **personalized care and therapy plans**.
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EDUCATION & QUALIFICATIONS

- **Diploma in Nursing** | *Institute of Medical Education, Sri Lanka*
- **Advanced Nursing Studies** | *Vocational Nurses Training Centre, Sri Lanka*
- **HND in Pharmaceuticals** | *Path Academy, Sri Lanka*
- **Diploma in pharmaceuticals** | *IMHS institute Sri Lanka*
- **Diploma in Massage Therapy** | *Sri Lanka*
- **National Certificate in Sports Massage** | *Sri Lanka*
- **Certificate in Kinesiology Taping** | *Sri Lanka*
- **Certificate in Cupping Therapy** | *Sri Lanka*